

## CLAIMS

I claim:

1           1.     A foot care kit to condition a person's feet,  
2 comprising:

3           a first foot mat adapted to remove dead skin cells from a  
4 sole of the person's foot;

5           a second foot mat, the first foot mat being removably  
6 disposed on the second foot mat, whereby the first foot mat is  
7 replaceable in order to keep the first foot pad fresh; and

8           at least one foot sock for moisturizing the person's foot,  
9 thereby freeing the person to engage in other desired  
10 activities.

1           2.The foot care kit of claim 1, wherein the foot care kit  
2 comprises recycled materials.

1           3.The foot care kit of claim 1, wherein the at least one  
2 sock further comprises at least one sachet of foot moisturizing  
3 lotion disposed within the sock, the sachet being frangible in  
4 order to release the lotion in response to firm pressure applied  
5 by the sole of the person's foot.

1        4. The foot care kit of claim 1, wherein the foot mat is  
2 adapted for attachment to a vertical surface.

1        5. The foot care kit of claim 1, wherein the first foot  
2 mat further comprises at least one suction cup adapted for  
3 attaching the foot mat to a vertical surface.

1        6. The foot care kit of claim 1, wherein the first foot  
2 mat further comprises a layer of adhesive material disposed on a  
3 bottom surface of the mat for attaching the first foot mat to a  
4 vertical surface.

1        7. The foot care kit of claim 1, wherein the first foot  
2 mat has a plurality of drain holes defined therein.

1        8. The foot care kit of claim 1, wherein the first foot  
2 mat has at least one abrasive surface.

1        9.     A foot care kit to condition a person's feet,  
2 comprising:

3        a first foot mat having at least one abrasive top surface  
4 for removing dead skin cells from a sole of the person's foot  
5 and having a bottom surface;

6        at least one foot sock having at least one frangible sachet  
7 disposed within the sock; and

8        a moisturizing lotion disposed within the sachet, whereby  
9 the person abrades dead skin cells from the sole of the person's  
10 foot by abrading the cells on the foot mat, and moisturizes the  
11 foot by donning the sock and releasing the moisturizing lotion  
12 from the sachet.

1        10.    The foot care kit according to claim 9, wherein said  
2 abrasive top surface comprises a layer of abrasive material  
3 selected from the group consisting of bean strip, emery cloth,  
4 and sand paper.

1        11.    The foot care kit according to claim 9, wherein said  
2 at least one abrasive top surface comprises two adjacent  
3 abrasive surfaces having different degrees of abrasiveness.

1           12.    The foot care kit according to claim 9, wherein said  
2 first foot mat has a plurality of perforations defined therein  
3 forming drain holes.

1           13.    The foot care kit according to claim 9, further  
2 comprising a plurality of suction cups attached to the bottom  
3 surface of said first foot mat.

1           14.    The foot care kit according to claim 9, further  
2 comprising a layer of adhesive disposed on the bottom surface of  
3 said first foot mat.

1           15.    The foot care kit according to claim 9, further  
2 comprising a second foot mat, the first foot mat being removably  
3 disposed on the second foot mat.

1           16.    The foot care kit according to claim 9, wherein the  
2 top surface of said first foot mat has an imprint of a foot  
3 defined therein.

1           17.    The foot care kit according to claim 9, wherein said  
2 at least one foot sock comprises a pair of foot socks.

1           18.    The foot care kit according to claim 9, wherein said  
2 at least one sachet comprises a plurality of sachets.

1        19. A foot sock for moisturizing a foot of a wearer of the  
2 sock, comprising:  
3        a substantially cylindrical, tubular fabric having a closed  
4 end and an open end defining foot sock;  
5        at least one frangible sachet disposed within the foot  
6 sock; and  
7        a moisturizing lotion disposed within the sachet, whereby the  
8 wearer moisturizes the foot by donning the sock and releasing  
9 the moisturizing lotion from the sachet by applying pressure to  
10 the sachet.